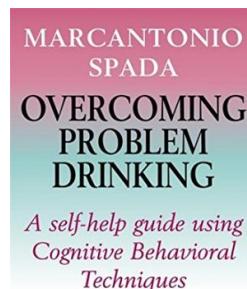


## Overcoming Problem Drinking



*'Not only did CBT significantly improve drinking outcomes . . . these gains were maintained at 12 months.'* Sunderland Teaching Primary Care Trust Alcohol Strategy



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