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Walking Together: A Mother and Daughter's Journey Through Aging and Alzheimer's (Paperback)

By Elizabeth Pannier Ph D

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. The book, WALKING TOGETHER, A Mother and Daughter's Journey Through Aging and Alzheimer's is a memoir of the last eight years of life that the author and mother shared together. The author wrote the book not only to tell the story, but to also reach out and share what they both learned along the way. Her mother lived with her family for eleven years and began developing dementia that slowly grew into Alzheimer's over this time. Eventually her mother needed nursing home care. The author spent over twenty-five years as a teacher of communication skills and psychological consultant to Hospices in the Chicago area and offered her services as an end of life counselor and grief counselor. She was a psychotherapist for the same period of time. She had developed many skills that helped her be with her mother in a positive way, but there were many things to learn that she did not know about in walking through the many years together in the stages often called, the big forgetting. Her book details the...



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