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## Edible: An Adventure into the World of Eating Insects and the Last Great Hope to

By Martin, Daniella.

New Harvest. 1 Cloth(s), 2014. hard. Book Condition: New. In this rollicking excursion into the world of edible insects, entomophagist and blogger Daniella Martin takes us to the front lines of the next big trend in the global food movement to show us how insects just might be the key to solving world hunger. Martin samples moth larvae tacos at the Don Bugito food cart in San Francisco, travels to Copenhagen to meet the experimental tasters at Noma's Nordic Food Lab, gawks at the insects stocked in the frozen food aisle at Thailand's Costco, and even crashes an underground bug-eating club in Tokyo. She argues convincingly and, unlikely as it seems, temptingly that bugs were once an important part of diets and cuisines around the world, and should be again. "Daniella's contagious enthusiasm about edible insects has the power to make you think again. Laced with anecdotes full of the wisdom of various proponents of eating insects and such rich descriptions of the taste and texture of many bug-based dishes that you will feel you have been missing out, Edible is both a quick read and a valuable resource which will certainly be consulted often by an army of new proponents of this..."



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### Reviews

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